

## **Token**

Orin C. Davis

Quality of Life Laboratory

### **About the Work:**

One of the greatest challenges of being the only member of a given demographic in a particular context is being expected to serve as the mouthpiece for the entire multitude. It is too often that such “tokens” are investing extensive emotional labor trying to show every face of their people in the one that they have.

### **About the Author:**

**Orin Davis** earned the first doctorate in positive psychology, and is a professor of creativity/innovation, entrepreneurship, business, and psychology. As the principal investigator of the Quality of Life Laboratory, he conducts research on flow, creativity, hypnosis, and mentoring. Dr. Davis is a human capital consultant focusing on hiring, employee wellbeing, and diversity/equity/inclusion, and advises startups in the HR, Wellness, and Education sectors. A self-actualization engineer, Dr. Davis coaches clients at all levels on building self-knowledge and developing personal growth trajectories.

**Token**

Work is how much  
I am forced  
Over distance  
To hammer my heart  
Into Möbius strips  
'Til I fit  
A singular view  
Advertised  
As both sides